

Name of Submitter: Christine Sudzina Schut

Submitter Email: sudzina@gmail.com

Presentation Title: *Nature as the Classroom: AVID (Advancement Via Individual Determination) Strategies, STEM & Student Health*

In this student-led presentation, middle school AVID students share how they integrated nature and well-being into their STEM curriculum. Students present activities including mindful silent hikes, local bird watching and outdoor observations that foster environmental connections and student mindfulness. Students showcase how they analyzed and synthesized current scientific literature linking time outdoors to mental and physical health by creating concise, engaging 1-pagers using AVID strategies. Join us to blend the natural world into your classroom to promote student engagement, collaboration, inquiry and health.

Presentation Target:

Middle School

Presenter(s):

1. Christine Sudzina Schut, AVID 6-8 Teacher and Site Coordinator, Culbreth Middle School
2. AVID Students, Culbreth Middle School